

# Maine Prescription Monitoring Program

## *Using the PMP to Improve Patient Care*

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Department of Health  
and Human Services

*Maine People Living  
Safe, Healthy and Productive Lives*

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

# The PMP Database

- Maintains a Database of all Scheduled II – IV Drugs Dispensed in Maine
- Data Provided Daily from Pharmacies and is kept for six years.
- Available Online Free to providers
- Patient & Prescriber History Reports are Available
- Automatic Threshold Reports are routinely sent

# How It Works

- **NOT** Public Information
- Patient Confidentiality Applies to all Reports
- Penalties for Misuse
- Considered to be a Standard Tool to Provide Better Patient Care
- Prescribers, Pharmacists and their appointed Delegates can access the PMP

# PMP Healthcare Goals include

- Help Improve Patient Care
- Help Reduce Misuse, Abuse & Diversion of Prescription Drugs
- Help Reduce Prescription Drug Overdoses

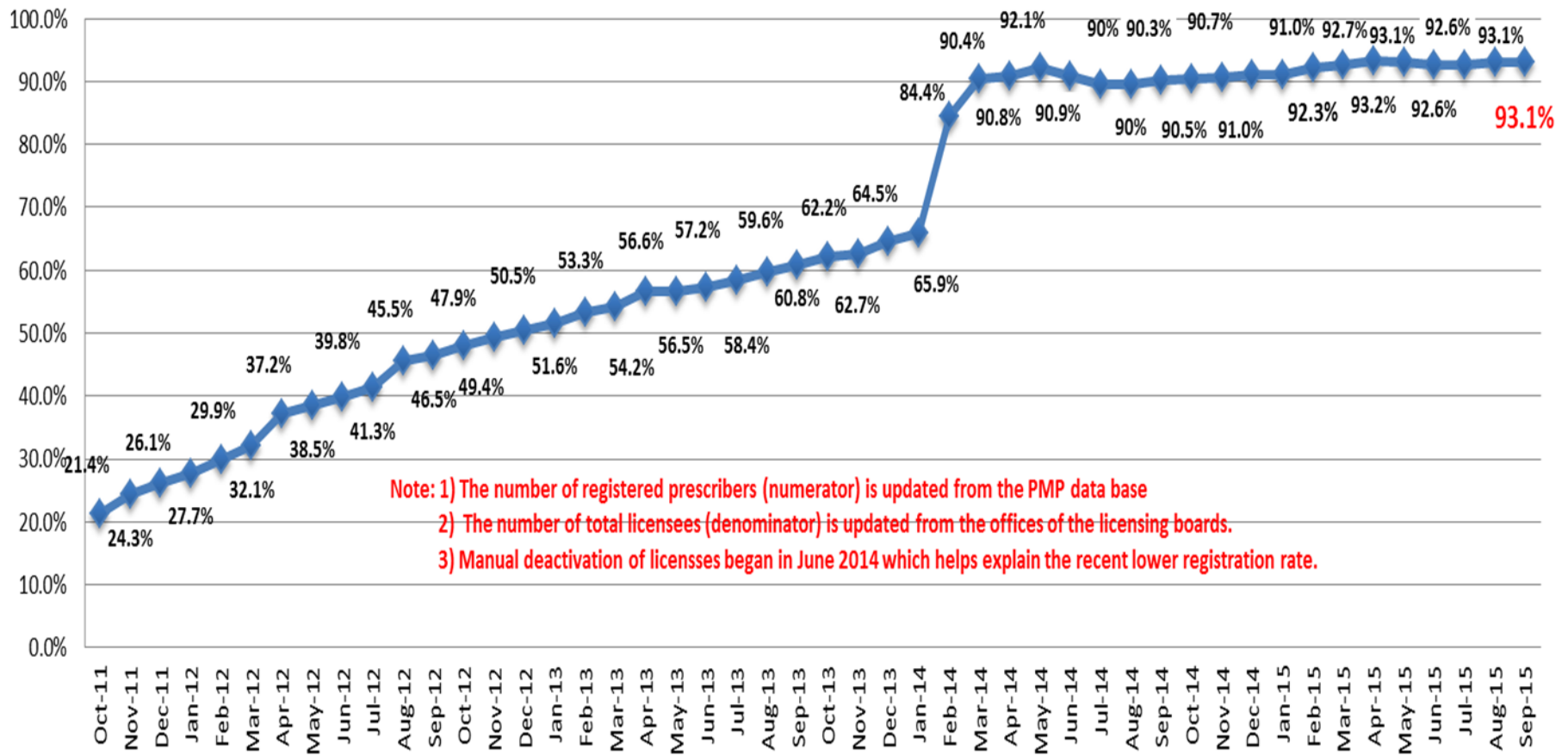
# Unsolicited Threshold Notices

- Automatically generated and sent to prescribers
- Generated based upon different algorithms
- The reports inform prescribers when a patient has reached or surpassed a prescription threshold considered to be potentially dangerous or that may warrant further monitoring

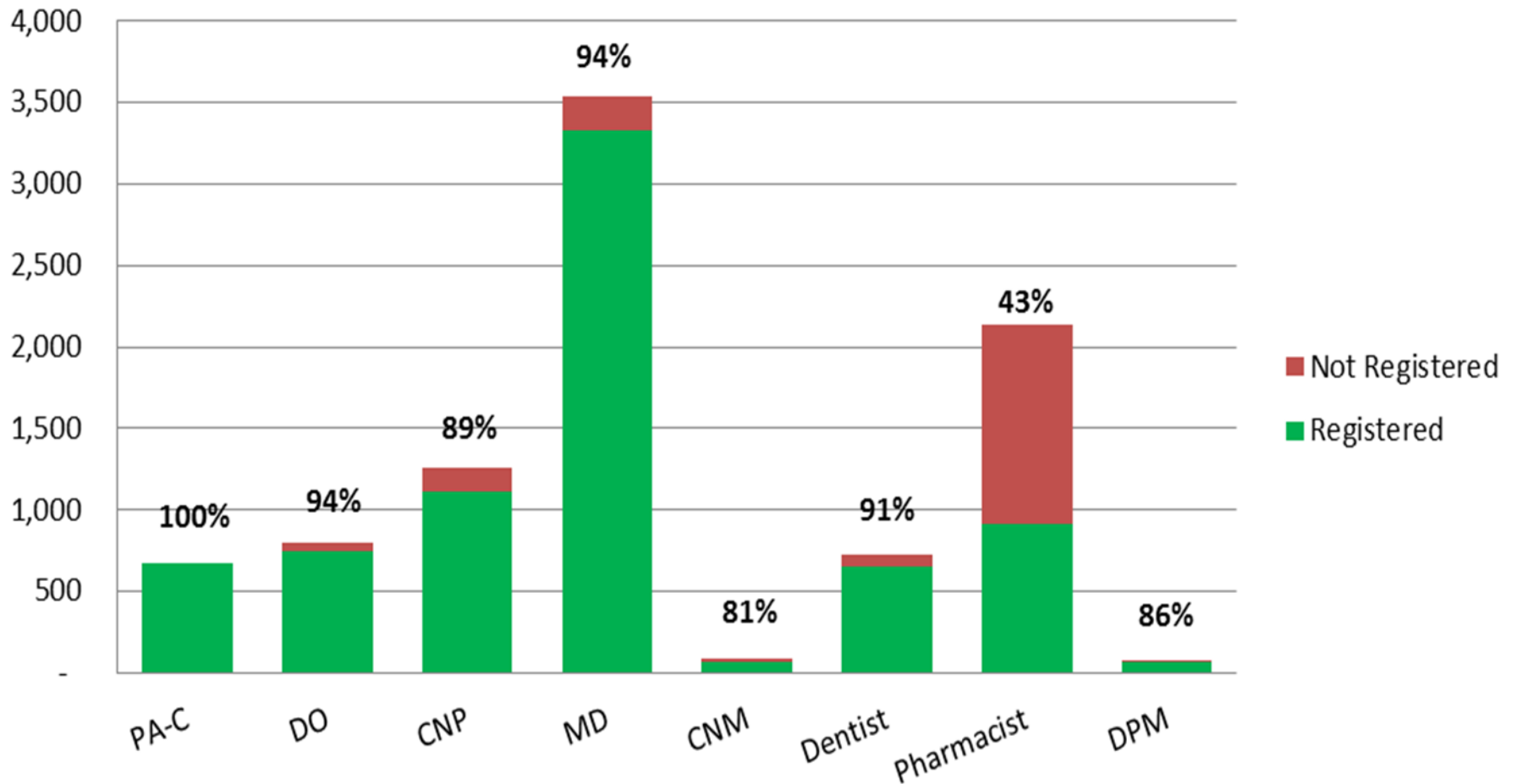
# Unsolicited Threshold Reports

- Acetaminophen Threshold
  - average daily dose of 4 grams or more.
- Multiple Pharmacy/Prescriber
- Buprenorphine and Narcotics Concurrent Usage
- Multiple Opioid Prescriptions
- Morphine Milligram Equivalent Threshold

## ME PMP Prescriber registration through September 2015

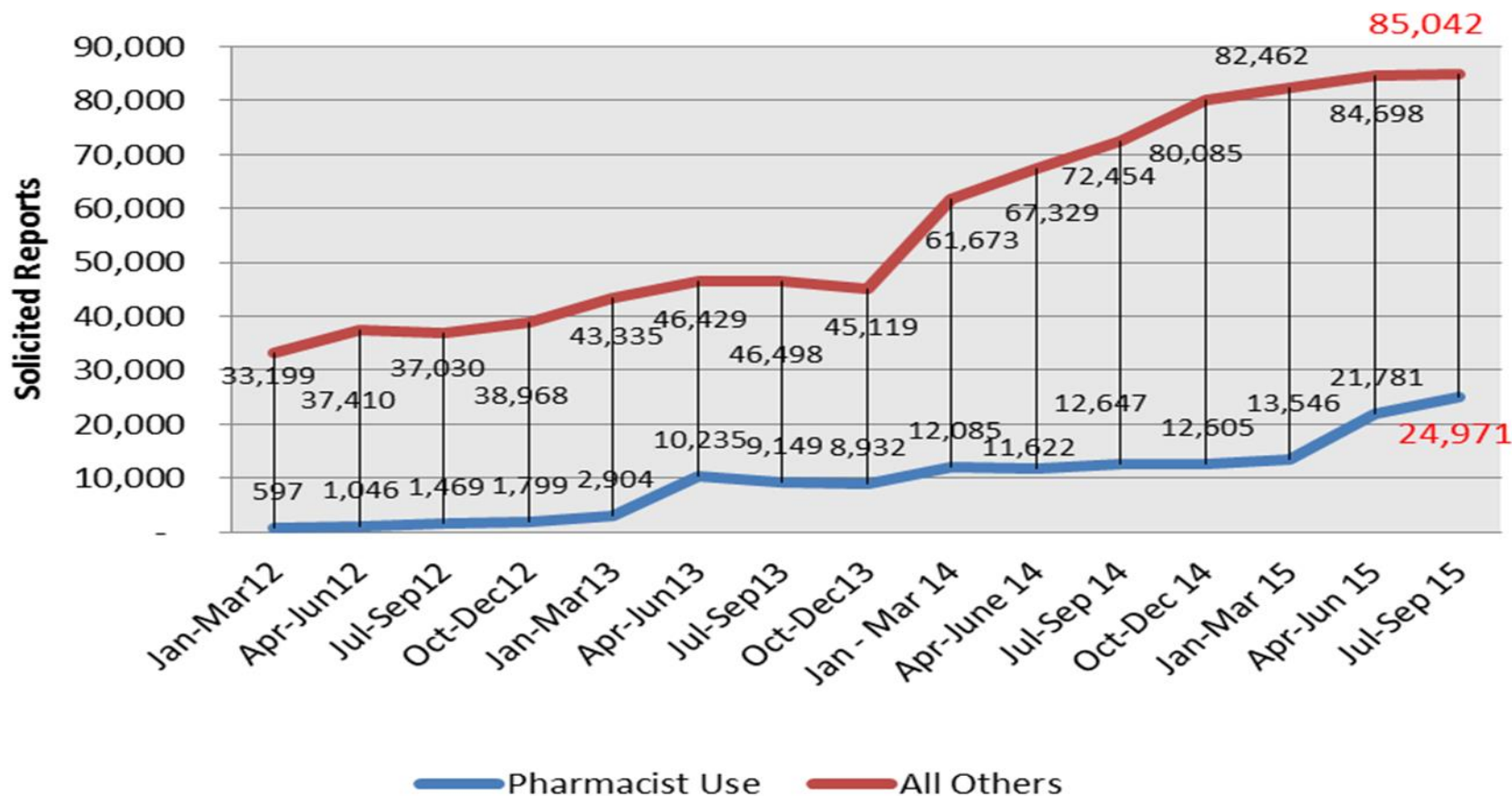


## PMP Registration by License type - September 2015

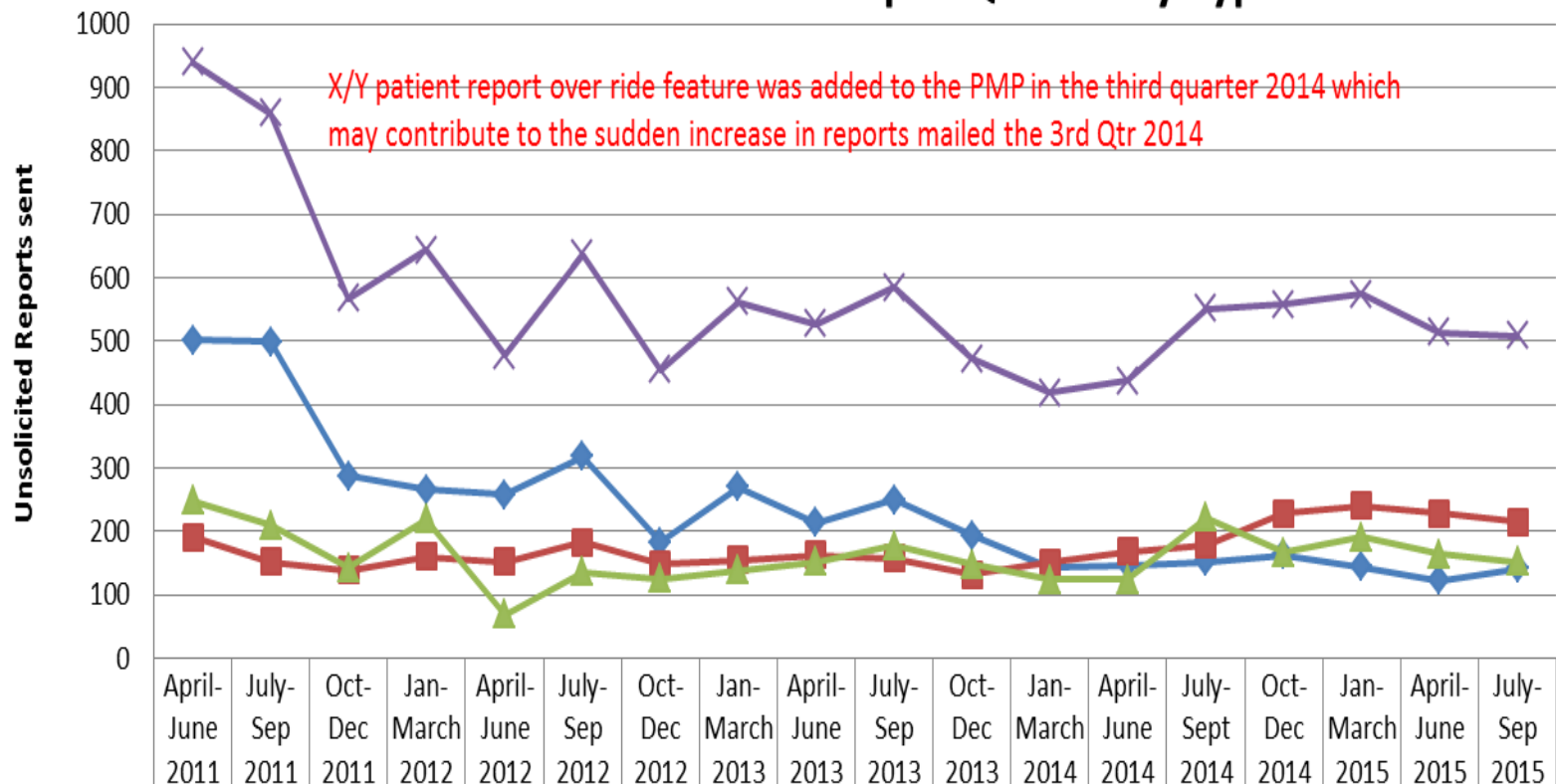




## Total PMP Patient Reports Utilized per Quarter 2012-2015



## PMP Unsolicited Patient Notices Sent per Quarter by Type



|                 |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
|-----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| ◆ Acetaminophen | 501 | 499 | 287 | 265 | 257 | 318 | 182 | 270 | 213 | 250 | 193 | 144 | 146 | 151 | 162 | 144 | 122 | 141 |
| ■ Bup & Narc    | 190 | 151 | 138 | 159 | 151 | 183 | 148 | 154 | 163 | 157 | 132 | 150 | 168 | 179 | 228 | 240 | 228 | 215 |
| ▲ X/Y Patient   | 248 | 209 | 142 | 219 | 69  | 135 | 125 | 138 | 151 | 177 | 147 | 124 | 123 | 221 | 167 | 190 | 164 | 152 |
| ✕ total         | 939 | 859 | 567 | 643 | 477 | 636 | 455 | 562 | 527 | 584 | 472 | 418 | 437 | 551 | 557 | 574 | 514 | 508 |

# Single Sign-On Access from HealthInfoNet to the PMP

- PMP is accessible directly from the HIE clinical portal through a single-sign-on process.
  - Easier access to comprehensive patient data
  - Efficient patient treatment
- Sign Up
  - Request access through the HIE portal using the “Request for Access” link on the links menu
  - Contact HealthInfoNet at [customercare@hinfonet.org](mailto:customercare@hinfonet.org) or 207-541-9250

# PMP – Accomplishments

- Maine reaches agreement with NABP on a data sharing solution
  - Agreement signed 12/2015
  - Potential to share data with 30+ states
- Pharmacy data reporting to the PMP changed from weekly to daily effective July 11, 2015
- Electronic and Automated Registration effective October 31, 2015
  - Weekly file uploaded to PMP from licensing vendor
- Veterans Administration pharmacy reporting of data began 10/30/2014 (~4,400 patients, ~44,000 annual visits)
- Began sharing PMP data with Kentucky - October 2014
- New notifications to inform prescribers of patients in danger of drug overdose - March 2015

# PMP – Coming Changes

- PMP education for students at medical and pharmacy schools
  - Initiative began 2015
  - Opioid academic detailing with MICIS starts winter of 2016
- Interstate data sharing with more states – Massachusetts
  - NABP – PMPi data sharing solution
- Discussion with Canadian province of New Brunswick is underway
- Prescriber compliance tool to monitor Morphine Milligram Equivalent dosage
- Prescriber patient history note field
- Prescriber summary on a patient report
- Tool for prescribers to compare prescribing to others in their specialty
- Improved administrative tools to audit and query the PMP system
  - Provider specialty
  - Utilization searches by user type and by county

# Conclusion

- Use the PMP to enhance patient care
- Use Patient Prescribing Agreements
  - Set and use the PMP compliance tools available to monitor patient agreements.
- Help reduce prescription overdose, abuse and misuse
- Follow Ch. 21 requirements
- Refer to substance abuse treatment
- Visit [www.maine.gov/pmp](http://www.maine.gov/pmp) to register and more information
- USE the PMP

Questions? [www.maine.gov/pmp](http://www.maine.gov/pmp)

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**For Treatment Services Call 211**



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